



## Proclamation

May 2026

# Preeclampsia Awareness Month

**Whereas**, Preeclampsia, including other hypertensive disorders, is a dangerous condition of pregnancy that can, in its severest form, lead to maternal and/or infant mortality or premature birth with significant health risks for the mother and baby; and

**Whereas**, preeclampsia and other hypertensive disorders occur in 5-8% of all pregnancies, and currently the only treatment for preeclampsia starts with the delivery of the baby and the placenta, regardless of how far into a pregnancy a mother may be, in hopes that the mother's health will improve; and

**Whereas**, public education as to the signs and symptoms of preeclampsia can help women recognize the condition and seek appropriate medical care. Prenatal education should include recognition of those signs and symptoms such as headaches, abdominal pain, shortness of breath or burning behind the sternum, nausea and vomiting, confusion, heightened state of anxiety, and/or visual disturbances such as oversensitivity to light, blurred vision or seeing flashing spots or auras; and

**Whereas**, preeclampsia and other hypertensive disorders of pregnancy can be devastating diseases made worse by delays in diagnosis or management, seriously impacting or even killing both women and their babies before, during or after birth;

**Now Therefore**, I, Mayor Lisa Post, on behalf of Council, do hereby proclaim **May 2026** as “**Preeclampsia Awareness Month**” in the Town of Orangeville and encourage all residents to raise awareness in order to minimize maternal and infant illnesses and death due to preeclampsia

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Lisa Post  
Mayor