

Children and Youth Programs

Parent & Tot Dance

This introductory dance program emphasizes fun and creative movement, with both parent and child. This program will help your tot to practice their balance and gross motor skills. Participants should dress comfortably. Specific dance footwear is not required. Parent participation is required.

Ages: 18 months - 3 years

Class length: 30 minutes

Day	Time	Loc.	Date	Sess.	Price	Code
Tu	5:00 PM	TR	Sept 10	10	\$48.70	6693
Sa	9:00 AM	ARC	Sept 14	10	\$48.70	6694
Tu	5:00 PM	TR	Nov 26	8	\$38.96	6701
Sa	9:00 AM	ARC	Nov 30	8	\$38.96	6702
Tu	5:00 PM	TR	Feb 11	9	\$43.83	6703
Sa	9:00 AM	ARC	Feb 15	9	\$43.83	6704

Ballet

This introductory program allows participants to explore the disciplined dance form of ballet, which emphasizes graceful movement and flexibility. Dancers will learn the fundamentals of ballet through creative elements and play. Participants should dress comfortably. Specific dance footwear is not required.

Ages: 3-4 years

Class length: 30 minutes

Day	Time	Loc.	Date	Sess.	Price	Code
M	5:00 PM	TR	Sept 9	9	\$43.83	6634
Sa	9:35 AM	ARC	Sept 14	10	\$48.70	6646
M	5:00 PM	TR	Nov 25	8	\$38.96	6635
Sa	9:35 AM	ARC	Nov 30	8	\$38.96	6647
M	5:00 PM	TR	Feb 10	8	\$38.96	6636
Sa	9:35 AM	ARC	Feb 15	9	\$43.83	6648

Ages: 5-7 years

Class length: 45 minutes

Day	Time	Loc.	Date	Sess.	Price	Code
M	6:10 PM	TR	Sept 9	9	\$62.64	6637
Sa	10:45 AM	ARC	Sept 14	10	\$69.60	6649
M	6:10 PM	TR	Nov 25	8	\$55.68	6638
Sa	10:45 AM	ARC	Nov 30	8	\$55.68	6679
M	6:10 PM	TR	Feb 10	8	\$55.67	6639
Sa	10:45 AM	ARC	Feb 15	9	\$62.63	6680

Ballet

Ages: 8-12 years

Class length: 45 minutes

Location: Tony Rose Memorial Sports Centre

Day	Time	Date	Sess.	Price	Code
M	7:50 PM	Sept 9	9	\$62.64	6640
M	7:50 PM	Nov 25	8	\$55.67	6641
M	7:50 PM	Feb 10	8	\$55.67	6642

Hip Hop / Breakdance

This introductory dance program delivers a mix of hip hop, popping and basic breakdance. Dancers will work on improving co-ordination, building confidence, skills development and choreography. Participants should dress comfortably. Specific dance footwear is not required.

Ages: 3-4 years

Class length: 30 minutes

Location: Tony Rose Memorial Sports Centre

Day	Time	Date	Sess.	Price	Code
Tu	5:35 PM	Sept 10	10	\$48.70	6698
Tu	5:35 PM	Nov 26	8	\$38.96	6699
Tu	5:35 PM	Feb 11	9	\$43.83	6700

Ages: 5-7 years

Class length: 45 minutes

Day	Time	Loc.	Date	Sess.	Price	Code
Tu	6:10 PM	TR	Sept 10	10	\$69.60	6705
Sa	12:25 PM	ARC	Sept 14	10	\$69.60	6708
Tu	6:10 PM	TR	Nov 26	8	\$55.67	6706
Sa	12:25 PM	ARC	Nov 30	8	\$55.67	6709
Tu	6:10 PM	TR	Feb 11	9	\$62.63	6707
Sa	12:25 PM	ARC	Feb 15	9	\$62.63	6710

Ages: 8-12 years

Class length: 45 minutes

Day	Time	Date	Sess.	Price	Code
Tu	7:00 PM	Sept 10	9	\$69.60	6711
Tu	7:00 PM	Nov 26	8	\$55.67	6712
Tu	7:00 PM	Feb 11	8	\$62.63	6713

ARC = Alder Recreation Centre
TR = Tony Rose Memorial Sports Centre

Children and Youth Programs



Jazz

This introductory dance program allows participants to explore different movements to various music mediums, while learning the fundamentals of jazz. Dancers will enhance their physical co-ordination and flexibility through creative elements and play. Participants should dress comfortably. Specific dance footwear is not required.

Ages: 3-4 years

Class length: 30 minutes

Day	Time	Loc.	Date	Sess.	Price	Code
M	5:35 PM	TR	Sept 9	9	\$43.83	6681
Sa	10:10 AM	ARC	Sept 14	10	\$48.70	6684
M	5:35 PM	TR	Nov 25	8	\$38.96	6682
Sa	10:10 AM	ARC	Nov 30	8	\$38.96	6685
M	5:35 PM	TR	Feb 10	8	\$38.96	6683
Sa	10:10 AM	ARC	Feb 15	9	\$43.85	6686

Jazz

Ages: 5-7 years

Class length: 45 minutes

Day	Time	Loc.	Date	Sess.	Price	Code
M	7:00 PM	TR	Sept 9	9	\$62.64	6687
Sa	11:35 AM	ARC	Sept 14	10	\$69.60	6688
M	7:00 PM	TR	Nov 25	8	\$55.67	6689
Sa	11:35 AM	ARC	Nov 30	8	\$55.67	6690

Please note that the non-resident fee will be a 20% surcharge over the resident fee.

Basketball

This introductory basketball program focuses on developing skills in a non-competitive environment, with a focus on fundamental skills such as co-ordination, co-operation, and gross motor movements. Participants will learn the rules, dribbling, passing and shooting skills as well as participate in structured game play.

Ages: 5-7 years

Class length: 45 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
W	5:50 PM	Sept 11	10	\$69.60	6784
W	5:50 PM	Nov 27	8	\$55.67	6786
W	5:50 PM	Feb 12	9	\$62.63	6787

Ages: 8-11 years

Class length: 45 minutes

Day	Time	Date	Sess.	Price	Code
W	7:30 PM	Sept 11	10	\$69.60	6791
W	7:30 PM	Nov 27	8	\$55.67	6792
W	7:30 PM	Feb 12	9	\$62.63	6793

Floor Hockey

This introductory floor hockey program focuses on developing skills in a non-competitive environment, with a focus on fundamental skills such as co-ordination, co-operation, and gross motor movements. Participants will learn the rules, offensive and defensive positioning, passing, shooting, ball control, and will participate in structured game play. Running shoes and a CSA-approved hockey helmet with full face mask are required. Sticks with plastic blades are provided.

Ages: 5-7 years

Class length: 45 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
W	5:00 PM	Sept 11	10	\$69.60	6781
W	5:00 PM	Nov 27	8	\$55.67	6782
W	5:00 PM	Feb 12	9	\$62.63	6783

Ages: 8-11 years

Class length: 45 minutes

Day	Time	Date	Sess.	Price	Code
W	6:40 PM	Sept 11	10	\$69.60	6788
W	6:40 PM	Nov 27	8	\$55.67	6789
W	6:40 PM	Feb 12	9	\$62.63	6790

Indoor Soccer

This introductory soccer program focuses on developing skills in a non-competitive environment, with a focus on fundamental skills such as co-ordination, co-operation, and gross motor movements. Participants will learn the rules, offensive and defensive positioning, passing, shooting and ball control, and will participate in structured game play. Running shoes are required and shin pads are recommended.

Ages: 3-4 years

Class length: 45 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
Tu	5:50 PM	Sept 10	10	\$69.60	6770
Tu	5:50 PM	Nov 26	8	\$55.67	6771
Tu	5:50 PM	Feb 11	9	\$62.63	6772

Indoor Soccer

Ages: 5-7 years

Class length: 45 minutes

Day	Time	Date	Sess.	Price	Code
Tu	7:30 PM	Sept 10	10	\$69.60	6777
Tu	7:30 PM	Nov 26	8	\$55.67	6778
Tu	7:30 PM	Feb 11	9	\$62.63	6779

Multi Sports

This introductory multi-sport program introduces participants to a variety of different sports in a non-competitive environment, with a focus on fundamental skills such as co-ordination, co-operation, and gross motor movements. Participants will learn skills and rules for a variety of different sports and will participate in structured game play. Running shoes are required.

Ages 3-4 years

Class length: 45 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
Tu	5:00 PM	Sept 10	10	\$69.60	6767
Tu	5:00 PM	Nov 26	8	\$55.67	6768
Tu	5:00 PM	Feb 11	9	\$62.63	6769

Ages: 5-7 years

Class length: 45 minutes

Day	Time	Date	Sess.	Price	Code
Tu	6:40 PM	Sept 10	10	\$69.60	6773
Tu	6:40 PM	Nov 26	8	\$55.67	6775
Tu	6:40 PM	Feb 11	9	\$62.63	6776

Holiday Hang Out

Come hang out at Santa's workshop for a fun-filled evening, while the adults finish up their shopping! Kids will create a small gift/craft to take home, have supper and snacks, and finish the evening with a festive movie!

Ages: 6-13 years

Class length: 4 hours

Location: Tony Rose Memorial Sports Centre

Day	Time	Date	Sess.	Price	Code
Th	4:00 PM	Nov 21	1	\$25.00	6304
Sa	12:00 PM	Dec 7	1	\$25.00	6306
Th	4:00 PM	Dec 19	1	\$25.00	6305

Friday Night Socials

just \$5!



Calling all youngsters! This night is just for you.

Participants will enjoy different themes at each monthly social, including cooking, swimming, skating and more! Ages 7-14 years.

Class length: 2 hours

Location: Tony Rose Memorial Sports Centre

Day	Time	Date	Sess.	Price	Code
F	7:00 PM	Sept 27	1	\$5.00	6286
F	7:00 PM	Oct 25	1	\$5.00	6288
F	7:00 PM	Nov 29	1	\$5.00	6290
F	7:00 PM	Jan 24	1	\$5.00	6291
F	7:00 PM	Feb 28	1	\$5.00	6292
F	7:00 PM	Mar 27	1	\$5.00	6293

Please note that the non-resident fee will be a 20% surcharge over the resident fee.

Junior Chefs

Learn the basics of cooking. This program focuses on expanding taste buds, gaining kitchen confidence, reinforcing kitchen safety, promoting good food choices and learning different cooking techniques. Participants will be involved in menu planning and create their own cookbook!

Ages: 8-11 years

Class length: 90 minutes

Location: Tony Rose Memorial Sports Centre

Day	Time	Date	Sess.	Price	Code
Sa	9:30 AM	Sept 14	9	\$131.58	6801
Sa	9:30 AM	Nov 30	7	\$102.33	6802
Sa	9:30 AM	Feb 15	9	\$131.58	6804



Little Artists

Experiment with basic art techniques including sculpting, painting, drawing and more. Participants will be encouraged to let their creativity flow. The session will end with an art exhibit for family and friends.

Ages: 5-7 years

Class length: 60 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
F	5:15 PM	Sept 13	10	\$97.50	6715
F	5:15 PM	Nov 29	8	\$78.00	6795
F	5:15 PM	Feb 14	8	\$78.00	6796

Junior Artists

Experiment with basic art techniques including sculpting, painting, drawing and more. Participants will be encouraged to let their creativity flow. The session will end with an art exhibit for family and friends.

Ages: 8-11 years

Class length: 60 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
F	6:30 PM	Sept 13	10	\$97.50	6797
F	6:30 PM	Nov 29	8	\$78.00	6798
F	6:30 PM	Feb 14	8	\$78.00	6799

Home Alone Safety for Kids

This program helps bridge the gap in children's first steps to staying home on their own without adult supervision. The course covers topics such as street-smarts, people safety, online and Internet safety, home fires, emergencies and other situations, and basic First Aid skills.

Ages: 9+ years

Class length: 6 hours

Location: Orangeville Lions Sports Park

Day	Time	Date	Sess.	Price	Code
Su	8:30 AM	Sept 22	1	\$41.86	6611
Su	8:30 AM	Nov 10	1	\$41.86	6612
Th	8:30 AM	Jan 2	1	\$41.86	6613
Su	8:30 AM	Feb 9	1	\$41.86	6614
Tu	8:30 AM	Mar 17	1	\$41.86	6615

Red Cross Babysitting

In this course candidates will learn professional conduct with regard to babysitting, leadership and First Aid response. The candidates are taught specific First Aid techniques including asthma, anaphylaxis, poison, nose bleed, insect stings, CPR, and choking.

Ages: 11+ years

Class length: 8 hours

Location: Orangeville Lions Sports Park

Day	Time	Date	Sess.	Price	Code
F	8:30 AM	Sept 27	1	\$53.64	6620
F	8:30 AM	Nov 1	1	\$53.64	6622
F	8:30 AM	Jan 3	1	\$53.64	6623
Su	8:30 AM	Feb 2	1	\$53.64	6624
Th	8:30 AM	Mar 19	1	\$53.64	6625





Go online for skating lesson times, dates and locations.

Skating Lessons

CSA-approved helmet mandatory for all participants. No bob skates.

Parent & Child (2-5 years)

This program teaches your child the fundamentals of skating with the assistance of the parent, in a group lesson format.

Skating Lessons

This program teaches the fundamentals of skating in a group lesson format, for beginners to advanced skaters. Participants are assessed and divided into levels based on skating ability. Participants are encouraged to bring past progress cards to be placed in the appropriate level. Classes are available for ages 3 years through adult, in group format, semi-private (small group lesson format) and private format (lessons are tailored to the individual).

Power Skating - Intro

This introductory program focuses on improving participants skating ability/skills required for hockey – balance, power, agility, speed and endurance. Instruction and attention to technique teaches players how to skate well, as well as skate powerfully. This program is suitable for participants who are registered and currently participating in a hockey program at the House League level. Players must be able to skate the length of the ice with speed, and have backwards skating ability.

Power Skating

This program focuses on improving participants skating ability/skills required for hockey – balance, power, agility, speed and endurance. Instruction and attention to technique teaches players how to skate well, as well as skate powerfully. This program is suitable for participants who are registered and currently participating in a hockey program at the Rep or House League level. Players must be able to skate the length of the ice with speed, and have backwards skating ability. Available for ages 5 years and up.

Private Hockey (6+ years)

Private lessons with a focus on skating technique for hockey. This program is suitable for participants who are registered and currently participating in a hockey program at the Rep or House League level.

Holiday & March Break Day Camps

Join us for a full day of programmed activities, games and crafts. Camp is offered to school-aged children 4-13 years and will operate from 9 a.m. to 4 p.m. (early/late drop-off times available from 7:30-9 a.m. and 4-6 p.m. for an extra fee). Please send your child(ren) with lunch and snacks for the day (nut free please!) and outdoor clothing. Participants may enjoy swimming and skating (depends on facility availability). Campers ages 4-5 will NOT be swimming.

Holiday Camps

Ages: 4-13 years

Location: Alder Recreation Centre

Day	Date	Sess.	Price	Code
M	Dec 23	1	\$37.44	6238
F	Dec 27	1	\$37.44	6239
M	Dec 30	1	\$37.44	6240
Th	Jan 2	1	\$37.44	6241
F	Jan 3	1	\$37.44	6242

March Break Camps

Ages: 4-5 years

Location: Alder Recreation Centre

Day	Date	Sess.	Price	Code
M	Mar 16	1	\$37.44	6261
Tu	Mar 17	1	\$37.44	6262
W	Mar 18	1	\$37.44	6263
Th	Mar 19	1	\$37.44	6264
F	Mar 20	1	\$37.44	6265
M-F	Mar 16-20	5	\$187.20	6258

March Break ages 6-13 years

Location: Alder Recreation Centre

Day	Date	Sess.	Price	Code
M	Mar 16	1	\$37.44	6266
Tu	Mar 17	1	\$37.44	6267
W	Mar 18	1	\$37.44	6268
Th	Mar 19	1	\$37.44	6269
F	Mar 20	1	\$37.44	6270
M-F	Mar 16-20	5	\$187.20	6259

