

Children and Youth Programs

Parent & Tot Dance

This introductory dance program emphasizes fun and creative movement, with both parent and child. This program will help your tot to practice their balance and gross motor skills. Participants should dress comfortably. Specific dance footwear is not required. Parent participation is required.

Ages: 18 months - 3 years

Class length: 30 minutes

Day	Time	Loc.	Date	Sess.	Price	Code
Tu	5 pm	TR	Apr 16	10	\$47.70	4098
Sa	9 am	ARC	Apr 27	8	\$38.16	4102
M	4:30 pm	TR	Jul 8	7	\$33.39	4645

Ballet

This introductory program allows participants to explore the disciplined dance form of ballet, which emphasizes graceful movement and flexibility. Dancers will learn the fundamentals of ballet through creative elements and play. Participants should dress comfortably. Specific dance footwear is not required.

Ages: 3-4 years

Class length: 30 minutes

Day	Time	Loc.	Date	Sess.	Price	Code
M	5 pm	TR	Apr 15	8	\$38.16	4089
Sa	9:35 am	ARC	Apr 27	8	\$38.16	4103
M	5:05 pm	TR	Jul 8	7	\$33.39	4646

Ages: 5-7 years

Class length: 45 minutes

Day	Time	Loc.	Date	Sess.	Price	Code
M	5:35 pm	TR	Apr 15	8	\$54.56	4091
Sa	10:45 am	ARC	Apr 27	8	\$54.56	4105
M	6:15 pm	TR	Jul 8	7	\$47.74	4652

Ages: 8-12 years

Class length: 45 minutes

Location: Tony Rose Memorial Sports Centre

Day	Time	Date	Sess.	Price	Code
M	7:50 pm	Apr 15	8	\$54.56	4092

Hip Hop / Breakdance

This introductory dance program delivers a mix of hip hop, popping and basic breakdance. Dancers will work on improving co-ordination, building confidence, skills development and choreography. Participants should dress comfortably. Specific dance footwear is not required.

Ages: 3-4 years

Class length: 30 minutes

Location: Tony Rose Memorial Sports Centre

Day	Time	Date	Sess.	Price	Code
Tu	5:35 pm	Apr 16	10	\$47.70	4099
M	5:40 pm	Jul 8	7	\$33.39	4649

Ages: 5-7 years

Class length: 45 minutes

Location: Tony Rose Memorial Sports Centre

Day	Time	Date	Sess.	Price	Code
Tu	6:10 pm	Apr 16	10	\$68.20	4100
M	7:05 pm	Jul 9	7	\$47.74	4653

Ages: 8-12 years

Class length: 45 minutes

Location: Tony Rose Memorial Sports Centre

Day	Time	Date	Sess.	Price	Code
Tu	7 pm	Apr 16	10	\$68.20	4101
M	7:55 pm	Jul 8	7	\$47.74	4656

Jazz

This introductory dance program allows participants to explore different movements to various music mediums, while learning the fundamentals of jazz. Dancers will enhance their physical co-ordination and flexibility through creative elements and play. Participants should dress comfortably. Specific dance footwear is not required.

Ages: 3-4 years

Class length: 30 minutes

Day	Time	Loc.	Date	Sess.	Price	Code
M	6:25 pm	TR	Apr 15	8	\$38.16	4096
Sa	10:10 am	ARC	Apr 27	8	\$38.16	4104

ARC = Alder Recreation Centre

TR = Tony Rose Memorial Sports Centre

Children and Youth Programs

Jazz

Ages: 5-7 years

Class length: 45 minutes

Day	Time	Loc.	Date	Sess.	Price	Code
M	7 pm	TR	Apr 15	8	\$54.56	4097
Sa	11:35 am	ARC	Apr 27	8	\$54.56	4106

Floor Hockey

This introductory floor hockey program focuses on developing skills in a non-competitive environment, with a focus on fundamental skills such as co-ordination, co-operation, and gross motor movements. Participants will learn the rules, offensive and defensive positioning, passing, shooting, ball control, and will participate in structured game play. Running shoes and a CSA-approved hockey helmet with full face mask are required. Sticks with plastic blades are provided.

Ages: 5-7 years

Class length: 45 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
W	6:30 pm	Apr 17	10	\$68.20	4116

Ages: 8-11 years

Class length: 45 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
W	7:15 pm	Apr 17	10	\$68.20	4117

Indoor Soccer

This introductory soccer program focuses on developing skills in a non-competitive environment, with a focus on fundamental skills such as co-ordination, co-operation, and gross motor movements. Participants will learn the rules, offensive and defensive positioning, passing, shooting and ball control, and will participate in structured game play. Running shoes are required and shin pads are recommended.

Ages: 3-4 years

Class length: 45 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
W	5 pm	Apr 17	10	\$68.20	4113

Indoor Soccer

Ages: 5-7 years

Class length: 45 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
W	5:45 pm	Apr 17	10	\$68.20	4114

Multi Sports

This introductory multi-sport program introduces participants to a variety of different sports in a non-competitive environment, with a focus on fundamental skills such as co-ordination, co-operation, and gross motor movements. Participants will learn skills and rules for a variety of different sports and will participate in structured game play. Running shoes are required.

Ages 3-4 years

Class length: 45 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
Tu	5 pm	Apr 16	10	\$68.20	4110

Ages: 5-7 years

Class length: 45 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
Tu	5:45 pm	Apr 16	10	\$68.20	4111

Ages: 8-11 years

Class length: 45 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
Tu	6:30 pm	Apr 16	10	\$68.20	4112

Junior Chef

Learn the basics of cooking. This program focuses on expanding taste buds, gaining kitchen confidence, reinforcing kitchen safety, promoting good food choices and learning different cooking techniques. Participants will be involved in menu planning and create their own cookbook!

Ages: 8-11 years

Class length: 90 minutes

Location: Tony Rose Memorial Sports Centre

Day	Time	Date	Sess.	Price	Code
Sa	9:30 am	Apr 27	8	\$114.56	4119

Please note that the non-resident fee will be a 20% surcharge over the resident fee.

Friday Night Socials

just \$5!



Calling all youngsters! This night is just for you.

Participants will enjoy different themes at each monthly social, including cooking, swimming, skating and more! Ages 7-14 years.

April 26 – code 4516 May 24 – code 4517

7-9 p.m. @ Tony Rose Memorial Sports Centre

Little Artists

Experiment with basic art techniques including sculpting, painting, drawing and more. Participants will be encouraged to let their creativity flow. The session will end with an art exhibit for family and friends.

Ages: 5-7 years

Class length: 60 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
F	5:15 pm	Apr 26	9	\$85.95	4118



Home Alone Safety for Kids

This program helps bridge the gap in children's first steps to staying home on their own without adult supervision. The course covers topics such as street-smarts, people safety, online and Internet safety, home fires, emergencies and other situations, and basic First Aid skills.

Ages: 9+ years

Class length: 6 hours

Location: Orangeville Lions Sports Park

Day	Time	Date	Sess.	Price	Code
T	8:30 am	Mar 12	1	\$41.86	831
Su	8:30 am	May 5	1	\$41.86	3537
M	8:30 am	Jul 15	1	\$41.86	832
Tu	8:30 am	Aug 27	1	\$41.86	833

Red Cross Babysitting

In this course candidates will learn professional conduct with regard to babysitting, leadership and First Aid response. The candidates are taught specific First Aid techniques including asthma, anaphylaxis, poison, nose bleed, insect stings, CPR, and choking.

Ages: 11+ years

Class length: 8 hours

Location: Orangeville Lions Sports Park

Day	Time	Date	Sess.	Price	Code
M	8:30 am	Mar 11	1	\$53.64	826
F	8:30 am	Apr 5	1	\$53.64	827
F	8:30 am	Jun 7	1	\$53.64	828
M	8:30 am	Jul 8	1	\$53.64	829
W	8:30 am	Aug 21	1	\$53.64	830



Please note that the non-resident fee will be a 20% surcharge over the resident fee.

Intro to Skating

This program teaches the fundamentals of skating in a group lesson format, for beginners to advanced skaters. Participants are assessed and divided into levels based on skating ability. CSA-approved hockey helmets are mandatory. Full face masks are strongly recommended. No bob skates.

Ages: 6-16 years

Class length: 30 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
M/F	5:45 pm	Apr 8	6	\$51.66	4079

Intro to Skating - Semi-Private

Ages: 6-16 years

Class length: 30 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
M/F	4 pm	Apr 8	6	\$93.12	4074
M/F	5:10 pm	Apr 8	6	\$93.12	4078

Intro to Skating Private Lessons

Ages: all ages

Class length: 30 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
M/F	5:10 pm	Apr 8	6	\$150.72	4076

Intro to Skating - Preschool

This program teaches the fundamentals of skating in a group lesson format, for beginners to advanced skaters. Participants are assessed and divided into levels based on skating ability. CSA-approved hockey helmets are mandatory. Full face masks are strongly recommended. No bob skates.

Ages: 4-5 years

Class length: 30 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
M/F	4:35 pm	Apr 8	6	\$51.66	4075

Intro to Skating - Semi-Private Preschool

Ages: 4-5 years

Class length: 30 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
M/F	4 pm	Apr 8	6	\$93.12	4073

Intro to Skating Private Preschool

Ages: 4-5 years

Class length: 30 minutes

Location: Alder Recreation Centre

Day	Time	Date	Sess.	Price	Code
M/F	4 pm	Apr 8	6	\$150.72	4072

